Phone: (Direct) 28525582 28522906 Email:nchindia21@gmail.com

राष्ट्रीय होम्योपैथीआयोग

National Commission for Homoeopathy

Jawahar Lal Nehru Bhartiya ChikitsaAvum Homoeopathy Anusandhan Bhavan No.61-65, Institutional Area, Opp. 'D' Block, Janakpuri, New Delhi-110 058

F.No.3-1/2021-NCH (HEB)/ 169 -170

Dated

To

16 AUG 2021

- 1. The Registrar of all the Universities (including Deemed Universities), having Homoeopathic Faculties (or Department/Boards).
- 2. The Principal of all Homoeopathic Medical Colleges.

Sub: Organization of Medical camps to commemorate 75th years on Indian Independence celebration related to India @75 - reg.

Sir,

It has been decided by the Govt. of India to Organize Medical camps to commemorate 75th years on Indian Independence celebration related to India @75 for propagation of preventive measures, locally grown plants and traditional food (vocal for local).

Ministry of AYUSH vide their letter F.No. 16011/4/2018-EP (IM-1) Part 4 dated 12.08.2021 has approved an action plan for organization of the camps and same is annexed with this letter.

In view of the above, it is requested that minimum 12 Medical camps be organized by your college/institute at your district level to commemorate 75th years of Indian Independence celebration. For successful organization of the camps, local administration authorities may be contacted for any assistance. Local NGOs and voluntary associations may also be contacted for their co-operation. All efforts are to be made for successful conduct of the medical camps.

The said activity is compulsory for all the colleges/institutions. Feedback for the same be forwarded to NCH on monthly basis.

Yours Sincerely

(Dr. Tarkeshwar Jain) 13/8/204

Secretary I/C

President, Homoeopathy Education Board,

NCH

Copy to: Smt. Shiela Tirkey, Under Secretary, Govt. of India, Ministry of AYUSH, AYUSH Bhawan, B-Block, GPO Complex, I.N.A. Colony, New Delhi – 110023.

संख्या/F.No.Z.16011/4/2018-EP (IM-1) Part 4

भारत सरकार

Government of India

आयुर्वेद, योग व प्राकृतिक चिकित्सा, यूनानी,सिद्ध एवं होम्योपैथी (आयुष मंत्रालय) Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homocopathy (AYUSH)

> "आयुष भवन"/"AYUSH BHAWAN" "बी" ब्लाक, जी.पी.ओ .कॉम्प्लेक्स, आई.एन.ए., नई दिल्ली- 110023 'B' Block, GPO Complex, INA, New Delhi - 110023 दिनांक/Dated: 12-.08.2021

To

 Chairman, NCISM 61-65, Institutional Area, Opposite 'D' Block, Janakpuri, New Delhi – 110 058. Chairman,
NCH
61-65, Institutional Area,
Opposite 'D' Block, Janakpuri,
New Delhi – 110 058.

Sub: - Active participation of Ayush Institutions in organizing of Medical camps to commemorate 75th years on Indian Independence, Celebrations related to India @ 75 -reg.

Sir.

I am directed to refer to the subject cited above and to say that to commemorate 75th years on Indian Independence, Celebrations related to India @ 75, it has been decided to organize 7500 medical camps through AYUSH colleges and institutes across the country for propagation of preventive measures, locally grown plants and traditional food (vocal for local). In this regard, an action plan has been approved for implementation of the same and is being annexed here for ready reference. (Annexure- Action plan)

- 2. In view of the above, it is requested to circulate the action plan for conduction of 7500 medical camps to all ASU&H colleges across the country directing them for strict adherence and timely completion.
- 3. Further, monthly progress report of ASU&H colleges mentioning the details of medical camps organized shall be shared by the NCISM/NCH with the Ministry.
- This is for your kind information and necessary action.
- This issues with the approval of Competent Authority.

Encl: as above

Yours faithfully, Bil Tirkey

(Shiela Tirkey)

Under Secretary to the Government of India 011-24651976/80

Action Plan-Celebrations related to India @ 75

Action Plan for organizing 7500 medical camps through AYUSH colleges and institutes across the country for propagation of preventive measures, locally grown plants and traditional food (vocal for local) to commemorate 75th years on Indian Independence, Celebrations related to India @ 75.

1. Organizing of medical camps by Ayurveda/Siddha/Unani/Homoeopathy Colleges:

- a. A minimum of 12 medical camps may be planned by each ASU&H college at their respective district level to achieve the target of 7500 medical camps.
- b. The concerned Local authorities/NGO's/Voluntary organisations may be contacted for successful implementation.
- c. During camps Din-Charya (Daily regimen), Ritu-Charya (Seasonal regimen) and general preventive measures by utilizing locally available/locally grown plants may be explained to public. IEC materials for the same may be prepared and widely circulated.
- d. Disease specific (like Diabetes, Arthritis, Mental Health, etc) medical camps may also be organised.
- e. Along with the Teaching faculties & Hospital Medical officers, House surgeons and Post Graduate Scholars may also be actively involved for conduction of medicinal camps.
 - f. All the preventive measures (wearing of masks, social distancing, sanitisation, etc) need to be strictly followed while conducting the medical camps and wherever feasible Virtual platforms may be utilised.
- 'Vocal for Local camps-Medicinal herbs': During camps, identification and basic knowledge of medicinal properties of commonly grown local medicinal plants may be provided by the respective teaching departments of AYUSH colleges specialised in the medicinal herbs.
- 3. 'Vocal for Local camps-Traditional foods': During camps, awareness may be created underlining the significance of adhering to the principles and practices of consuming Traditional food so as to get the optimal dietary benefits for prevention of illness and promotion of immunity/health.
 - a. Specific camps may be conducted prescribing the Traditional foods and advising the appropriate dietary practices suitable for children and it's role in preventing malnutrition. Similar exercise may be done for pregnant woman/elderly/obese/underweight/diabetic persons, etc.

Bil Virlay